

Day 6: If you can visualize it, you can make it happen

Hi Dr.Wasit Prombutr,

Today you're going to get a great free gift AND discover one of my most powerful success tools.

But first: did you listen to your 60-minute audio recording yesterday?

If not, I suggest you schedule time to do that soon.

Knowing how to change your response to events in order to create positive outcomes is one of the biggest steps you can take toward success.

All right, let's move on to today's lesson:

THE POWER OF VISUALIZATION

Visualization is the act of creating vivid and compelling pictures in your mind so you can **"see" your success before it happens.**

This might sound simple – but it's one of the most powerful and underutilized success tools out there.

Visualization accelerates your path to success in 3 key ways:

1. It activates the creative powers of your subconscious mind
2. It programs your brain to notice

- available resources that you may not have noticed before
3. It attracts to you the people, resources, and opportunities you need to reach your goal

Visualization trains the brain to achieve more.

SUCCESSFUL ATHLETES AND BUSINESS PEOPLE HAVE KNOWN THIS FOR YEARS.

Legendary golfer Jack Nicklaus has said that he takes the time to clearly visualize every shot he hits – before he makes it.

Olympic gymnast Peter Vidmar credits visualization as one of the main reasons he and his team won the gold medal in 1984.

And the team at NASA who put the first man on the moon in the late 1960s used visualization to reach their history-defining goal two years ahead of schedule!

HOW TO USE VISUALIZATION TO MAKE YOUR SUCCESS A REALITY

The process is simple:

All you have to do is close your eyes and see your goals as complete.

The more detail you include in your visualization, the greater the chance that it will come true – ***exactly the way you envisioned it.***

To help you get started, I have a great free

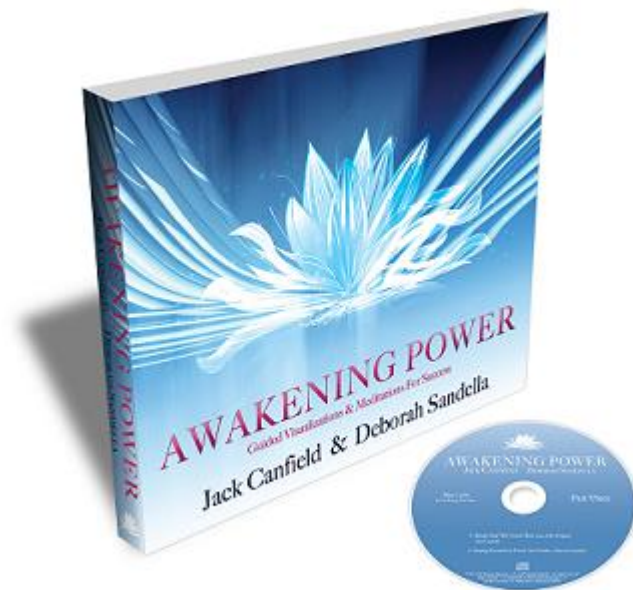
gift to give you today:

[“Awakening Power” – CD 1](#)

This 72-minute audio recording will teach you the science of visualization so you can use it to accelerate your journey to success!

TRANSFORMATION ACTIVITY 6

1. Go to your [Transformation Launch Pad](#) and download or listen to your free copy of “Awakening Power” – CD 1



2. Schedule time to listen to the entire CD in one sitting, working through the visualization and meditation exercises included
3. Post your experience on my [Facebook Page](#) so we can celebrate the positive action you've just taken!

Remember: if you can “see” it with your mind’s eye, you can make it a reality.

Dedicated to your success,



Jack Canfield
CEO, The Canfield Training Group

P.S. If you want to dive deep and explore the full power of meditation, check out my complete “Awakening Power” audio training program.

It includes 6 audio CDs with 11 guided visualizations and meditations plus a training guide to help you align your subconscious mind with what you truly want in life.

You can learn more about it here:

[“Awakening Power: Guided Visualizations and Meditations for Success”](#)

Use promo code TRANSFORM to save 25%

You are receiving this email because you or someone using your email address requested information or joined a program by Jack Canfield. If you no longer wish to receive email from us, you may click on the link below to update your contact information:

[Update Contact Information](#)

The Canfield Training Group
P.O. Box 30880
Santa Barbara, California 93130
United States
(805) 563-2935



The Success Principles

10-DAY Transformation



View Previous Lessons

[DAY 1](#)[DAY 2](#)[DAY 3](#)[DAY 4](#)[DAY 5](#)

[missing an email?
click here.](#)

Visualize Your Success

Visualization is the act of creating vivid and compelling pictures in your mind so you can **“see” your success before it happens.**

This might sound simple – but it’s one of the most powerful and underutilized success tools out there.

Visualization accelerates your path to success in 3 key

ways:

It activates the creative powers of your subconscious mind

It programs your brain to notice available resources that you may not

have noticed before
It attracts to you the people, resources, and opportunities you need to reach your goal

Visualization trains the brain to achieve more.

To help you get started, I have a great free gift to give you today: **“Awakening Power” – CD 1**

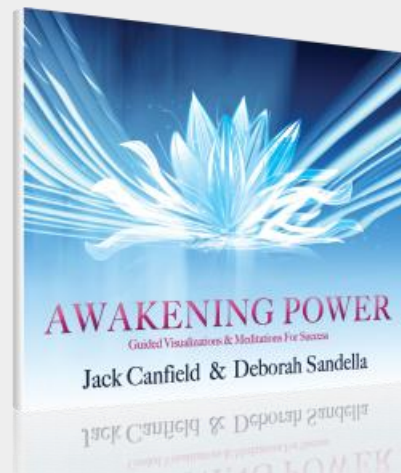
This 72-minute audio session will teach you the science of visualization, give you the basics of meditation, and then guide you through the powerful "Inquire Within" meditation so

you can use it to
accelerate your
journey to success!

Transformation Activity #5

Step 1: Download or
listen to your free
copy of "Awakening
Power" - CD 1

00:00
00:00



Listen Online
or [download audio
files](#)

(Right click and "save
as" to your
computer.

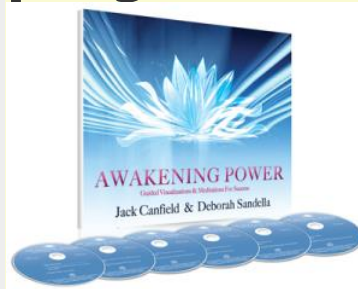
Once downloaded
(80 meg), double click
on
the file to
uncompress
individual files.)

Step 2: Schedule time to listen to the entire CD in one sitting, working through the visualization and meditation exercises included.

Step 3: Post your experience on my [Facebook Page](#) so we can celebrate the positive actions you've just taken! Regular meditation transformed my life – and I want to help you experience for yourself how powerful it can be in achieving your own results.

If you want to "dive deep" and explore the full power of meditation, check out my

**complete
“Awakening
Power” audio
training
program.**



It includes 6 audio CDs with 11 guided visualizations and meditations plus a training guide to help you align your subconscious mind with what you truly want in life. Use promo code **TRANSFORM** to save 25%.

[You can learn more about it here](#)

- See more at: http://jackcanfield.com/launchpad-day-6/?inf_contact_key=40cf500291aace8382d3c8e2e9f1065b3cb5a00444ad9e69df69c6b858aaba5f#sthash.97jgtgRT.dpuf